

PRE-EMPLOYMENT MEDICAL EXAMINATION

Filipino Crew PEME Package — What's New



MEDICAL EXAMINATION CHECKLIST

- ☒ Medical History
- ☒ Physical Examination
- ☒ Vision Test
- ☒ Hearing Test
- ☒ Laboratory Tests
- ☒ Chest X-Ray
- ☒ ECG
- ☒ Psychological Assessment

PRE-EMPLOYMENT MEDICAL EXAMINATION

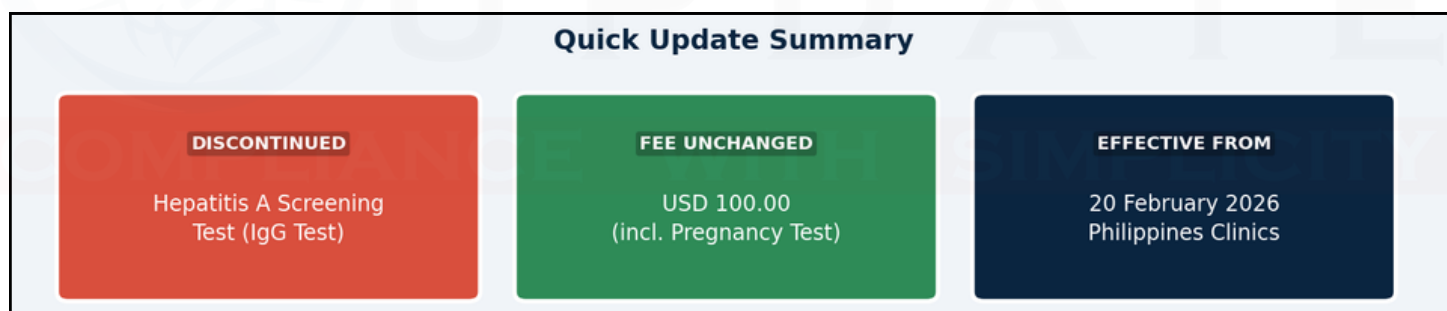
Filipino Crew PEME Package — What's New

A widely used Pre-Employment Medical Examination (PEME) scheme for Filipino seafarers has been updated with revised examination items, effective 20 February 2026. The update is designed to strengthen the early detection of pre-existing conditions, helping to reduce onboard crew illness claims. The fee remains unchanged at USD 100.00 and all 11 accredited clinics across Manila, Cebu, Iloilo, and Davao continue to operate.

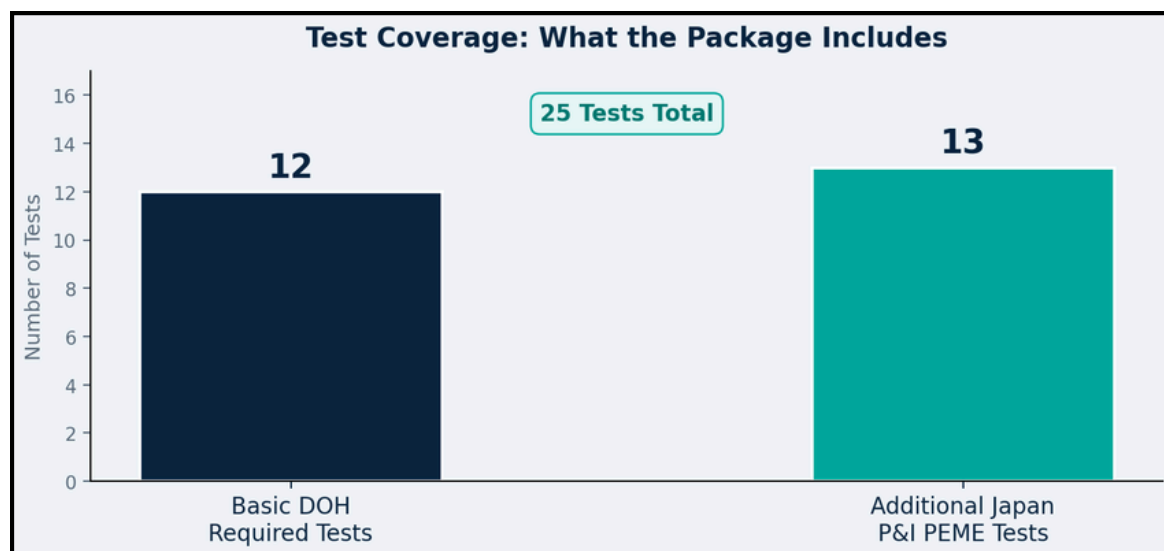
KEY NUMBERS AT A GLANCE



AT A GLANCE — WHAT CHANGED



WHAT THE PACKAGE COVERS



FULL EXAMINATION CHECKLIST

BASIC DOH REQUIRED TESTS (12)	ADDITIONAL JAPAN P&I; PEME TESTS (13)
1. Physical Examination & Medical History	1. Hepatitis B Surface Antigen (HBs-Ag)
2. Dental Examination	2. Specific Diabetes Test (HbA1c)
3. Visual Acuity	3. Cholesterol Panel (Total/LDL/HDL/TG)
4. Colour Perception (Ishihara)	4. Blood Uric Acid
5. Audiometry	5. Creatinine
6. ECG (12 Lead, Digital)	6. Liver Function Tests (SGOT / SGPT)
7. Chest X-Ray (PA View, Digital)	7. Pulmonary Function Test (Spirometry)
8. Blood Typing (ABO & Rh)	8. Cardiac Risk Computation
9. Complete Blood Count	9. HIV 1 & 2 Screening
10. Syphilis Testing (TPHA/RPR)	10. Drug Screening (Meth & Cannabinoids)
11. Urinalysis	11. Ultrasound — Whole Abdomen
12. Stool Examination (Food Handlers only)	12. Psychological Assessment
	13. Pregnancy Test

**NOTE**

The Hepatitis A Screening Test (IgG Test) has been **discontinued** from the package based on updated medical guidance. All other test items and the USD 100.00 fee remain unchanged. Ship operators are encouraged to utilise this updated package for all upcoming Filipino crew sign-ons.

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